



FAQs

Leading Innovation For Transformation (LIFT)

What does LIFT stand for?

LIFT stands for Leading Innovation For Transformation.

Who is the LIFT Program designed for?

The Leading Innovation For Transformation (LIFT) Leadership Program is designed for team leaders and middle managers in aged care who want to lead teams through practical, evidence-based improvements that enhance care quality.

What is the LIFT Leadership Program?

The LIFT Leadership Program is designed to support leaders in aged care by developing their confidence, capability, and skills in leading innovation, implementation, and change

What will I learn?

The LIFT Leadership program addresses the following critical questions:

- How does organisational context and culture influence innovation?
- What leadership skills support innovation and its implementation into practice?
- How do I implement innovation?
- How do I bring others on the journey?

How is the LIFT program different from other leadership courses?

Unlike traditional leadership courses, LIFT goes beyond general management skills and focuses on applying research and best practices to real-world aged care challenges.

Each module includes a hypothetical case study for participants to reflect on and apply what they've learnt.

Four online, facilitated peer workshops allow participants to discuss the case studies, share reflections, and collaborate with other LIFT participants.

Is the LIFT Program online?

The LIFT Program is made up of four online modules plus four 1.5-hour online workshops, facilitated by ARIIA experts.

How long does it take to complete the LIFT Program?

The total time commitment for the program is 16 hours (4 hours per module) over 8 weeks.

See the website for an indicative schedule [here](#)

Can my organisation make a group booking?

Yes, Individuals enrol in the LIFT Leadership Program independently. However, if three or more participants form the same organisation take part in LIFT at the same time, the following group discounts are offered:

- 10% discount for groups of 3 or 4
- 15% for groups of 5 to 15

*It is important that applicants indicate that they are applying as part of a group in their application form.

Alternatively, **LIFT Together** is a tailored version of the program for a group of up to 15 staff from a single organisation, that can focus on specific innovation leadership and culture challenges in your organisation.

Organisations interested in an exclusive group made up of only their staff can discuss options for some tailoring of the course content and delivery style to suit their needs. Contact aria@ariia.org.au to enquire about LIFT Together.



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How do I apply?

To apply for the LIFT leadership Program, visit the LIFT webpage by clicking [here](#).

To apply for the current program, click "Apply Now" on the website, or scroll down the web page for further details.

What is the cost of the LIFT Leadership Program?

The LIFT Leadership Program is offered at a subsidised industry scholarship rate of \$600 per person + GST, supported by funding from the Australian Government Department of Health and Aged Care through ARIIA.

Discounts are available for group enrolments:

- 10% off for groups of 3–4 participants
- 15% off for groups of 5–12 participants

Can ARIIA provide support after the program ends?

Yes, ARIIA offers additional support beyond the program through our evidence-based consultancy services. We provide expertise in research, innovation, implementation, evaluation, and capability building, ensuring best-practice approaches. Support is available at \$175 per hour or through a negotiated consultancy package tailored to your organisation's needs.

Will I get a certificate?

Yes, all participants who successfully complete the program will receive a certificate of completion from ARIIA. This can be used to demonstrate your professional development and commitment to fostering a culture of innovation and problem-solving within your team and organisation.